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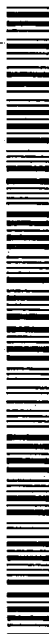
(54) Title: METHOD OF IDENTIFYING INSULIN SECRETION STIMULATING COMPOUNDS, AND THE USE OF SUCH COMPOUNDS IN TREATING INSULIN-SECRETION RELATED DISORDERS

(57) Abstract: Calcium Induced Calcium Release (CICR) in β-cells has been found to be a novel target for stimulating insulin secretion in a glucose-dependent manner. The present invention relates to a method of identifying compounds that stimulate insulin secretion in a context-dependent manner based on the finding that compounds stimulating insulin secretion in a glucose-dependent manner are able to elicit periodic amplified Ca²⁺ release in β-cells. The invention also relates to the use of such compounds, for the manufacture of a medicament for use in the treatment of defective insulin secretion related disorders, especially type 2 diabetes.

METHOD OF IDENTIFYING INSULIN SECRETION STIMULATING COMPOUNDS,
AND THE USE OF SUCH COMPOUNDS IN TREATING INSULIN-SECRETION
RELATED DISORDERS

5   **Technical field of the invention**

The present invention relates to a method of identifying compounds that stimulate
insulin secretion in a context-dependent manner, and the use of such compounds,
or a pharmaceutically acceptable salt thereof, for the manufacture of a medicament
10   for use in the treatment of defective insulin secretion related disorders, especially
type 2 diabetes.

Background art

15   In the treatment of type 2 diabetes, orally active drugs that stimulate insulin secre-
tion from pancreatic beta cells are extremely important. Commonly used oral hypo-
glycaemic agents are the sulfonylureas of first, second third generation and the me-
glitinides. A major problem with the sulfonylurea group of drugs is that they stimu-
late insulin secretion even when blood glucose concentration is low with the risk of
20   causing fatal hypoglycemia (Herbel, G. & Boyle, P. J. (2000) *Endocrinol. Metab Clin.
North Am.* **29**, 725-743). It is thus desirable to discover orally active antidiabetic
agents that stimulate insulin secretion only when blood glucose concentration is
high and does not stimulate secretion when glucose concentration is lowered.

25   The cellular target of most of the oral hypoglycaemic agents including sulfonylureas
and meglitinides is the K_{ATP} channel (Ashcroft, S. J. (2000) *J. Membr. Biol.* **176**, 187-
206). Drugs that use K_{ATP} channel as target stimulate insulin secretion irrespective
of whether blood glucose concentration is high or low. This is because inhibition of
K_{ATP} channel does not depend on prevailing glucose concentration. Moreover
30   antidiabetic drugs that act on K_{ATP} channel of beta-cells can also act on the cardio-
vascular K_{ATP} channels increasing the risk for complications (Howes, L. G. (2000)
Diabetes Obes. Metab **2**, 67-73). Thus it is desirable to identify cellular targets other
than K_{ATP} channel, that can be used for stimulating insulin secretion in a glucose-
dependent manner, and compounds affecting such stimulation.

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2

The present inventor has now found Calcium Induced Calcium Release (CICR) in β-cells to be a novel target for stimulating insulin secretion in a glucose-dependent manner, especially CICR involving the ryanodine receptor. More particularly, compounds stimulating insulin secretion in a glucose-dependent manner

5   have surprisingly been found to elicit distinct periodic amplified Ca^{2+} release in β-cells. Accordingly, a method of identifying such compounds based on the above finding is provided by the present invention, which method has been specified in claim 1, including the steps of: A) providing a set of β-cells capable of CICR; C) adding a candidate compound to be tested to the cells; and D) monitoring the cells for

10   periodic amplified Ca^{2+} release in said cells after addition of the candidate compound of step C.

Summary of invention

15   In a first aspect the present invention relates to a general method of identifying compounds that stimulate insulin secretion in a context-dependent manner, comprising the steps of:

A.   providing a set of β-cells capable of CICR;
20   C.   adding a candidate compound to be tested to the cells; and
D.   monitoring the cells for periodic amplified Ca^{2+} release in said cells after addition of the candidate compound of step C.

The method can for example be used in high-throughput screening for compounds
25   that stimulate insulin secretion in a context-dependent manner.

In a second aspect the present invention relates to a method of identifying compounds that stimulate insulin secretion in a context-dependent manner, comprising the steps of

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A.   providing a set of β-cells capable of CICR;
B.   selecting at least one viable/healthy β-cell of said set;
C.   adding a candidate compound to be tested to the cell(s) selected in step B; and

3

D.   monitoring said cell(s) selected in step B for periodic amplified Ca²⁺ re-
        lease in said cell(s) after addition of the candidate compound of step C.

5   By the inclusion in the general method of step B, wherein at least one vi-
       able/healthy β-cell of the set provided in step A is selected for monitoring in step D,
       monitoring will be focused on reliable sources of Ca²⁺ release signals, allowing for
       more accurate results to be obtained.

10   By using cells having ryanodine receptors in the methods, greater Ca²⁺ release can
       be obtained, thereby leading to more easily detected signals. By using an agent re-
       ducing the background $[Ca^{2+}]_i$, such as D600 or verapamil, in the method, the CICR
       component can be visualized better. In the method, a specific type of cell, such as
       the so called S5 cell, which is particularly adapted to the method, and provides
       more reproducible CICR, can be used.

15   The method of detection of $[Ca^{2+}]_i$, and thus CICR, is not critical and can be accom-
       plished by any known method as long as CICR is not inhibited thereby. In any case,
       care must be taken not to use disturbingly high concentrations of any reagents in-
       volved. The method of detection can conveniently be based on fluorescence, using a
20   fluorescent Ca²⁺ indicator.

       The methods of the invention offer a reproducible and substantially less time-
       consuming route of detecting potent compounds stimulating insulin secretion in a
       glucose-dependent manner, than for example by direct measurement of insulin re-
25   lease.

       By means of the methods, the relative potency of an CICR-active agent can be esti-
       mated semi-quantitatively from the frequency and amplitude of the amplified Ca²⁺
       signals.

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       In a third aspect the present invention relates to the use of compounds stimulating
       insulin secretion in a context-dependent manner, identified by means of the
       method, for the preparation of a pharmaceutical for use in treating diabetes.

35   Further embodiments and advantages of the invention will be evident form the de-

4

tailed description hereinafter, and in the appended claims.

Brief description of attached drawings

5   FIGURE 1A is a control experiment according to Example 1.

In FIGURE 1B a test substance (in this case forskolin 5 µM) is also included, which gives rise to the periodic amplification of Ca^{2+} signals, indicating that it is a sensitizer of CICR.

FIGURE 2 illustrates a test for screening CICR by identifying periodic amplification

10   of Ca^{2+} signals as described in Example 5. The test substance (in this test glucagons-like peptide 1) gave rise to periodic amplification of Ca^{2+} signals.

FIGURE 3 shows testing of caffeine and isocaffeine according to Example 6. Caffeine was more potent than isocaffeine and accordingly caffeine gave more frequent CICR. A is the test and B is the control experiment.

15   FIGURE 4 shows similar testing as in Fig. 3, using S5 cells and MBED (50 µM) instead.

FIGURE 5A shows the effect of MBED on insulin secretion from a highly differentiated clonal insulin secreting cell line INS-1E. 5B shows the dose response of MBED-induced insulin secretion in INS-1E cells.

20   FIGURE 6 shows stimulation of insulin secretion from islets by caffeine (B) and MBED (D). At times indicated by horizontal bars, the islets were perifused with 11.2 mM glucose with or without sensitizers of RY receptors i.e. 2.5 mM caffeine (B) or 6 µM MBED (D).

FIGURE 7 shows confocal images of changes in $[Ca^{2+}]$ in INS-1E cells loaded with

25   fluo-3 induced by MBED.

FIGURE 8 illustrates effects of caffeine and its analogs on insulin secretion (8A-C) and cAMP-PDEs (8D).

FIGURE 9 illustrates the concentration-response relationship showing the extent of inhibition of cAMP-PDEs and of stimulation of insulin secretion by caffeine.

30   FIGURE 10 shows confocal images of changes in $[Ca^{2+}]$ in INS-1E cells loaded with fluo-3 induced by caffeine (5 mM) (upper panel), and forskolin (lower panel).

FIGURE 11A shows the effects of caffeine (0.75 mM) on insulin secretion in control- and thapsigargin-treated cells in the presence of 3 and 11 mM glucose, and 11B shows the abolishment of glucose-dependent stimulation of insulin secretion by

35   caffeine in the of dantrolene.

Detailed description of the present invention

The present inventor hereby suggests calcium-induced calcium release (CICR) as a

5   novel target for stimulating context-dependent insulin secretion from β-cells. CICR
in β-cells was described for the first time in 1992 by Islam, M. S., et al. in *FEBS
Lett.* 296 (3):287-291 (1992), and confirmed by subsequent publications, especially
by Islam, M. S., et al. in *Proc.Natl.Acad.Sci.U.S.A* 95 (11):6145-6150 (1998). Due to
the distinctive properties of β-cell ryanodine receptors, the present inventor sug-

10   gests that drugs acting on this target might be able to stimulate insulin secretion
only when glucose concentration is relatively high, i.e., in a context dependent
manner. Compounds acting as insulin-secretagogues that stimulate insulin secre-
tion selectively in the presence of high concentration of glucose have been identified
by the present inventor. Of the compounds found, 9-methyl-7-bromoeudistomin D

15   hydrochloride is presently believed to be the most potent one.

Generally, according to the findings of the present inventor, compounds that can be
used in for context dependent stimulation of insulin secretion according to the pre-
sent invention are any compounds having an activating effect on the ryanodine re-

20   ceptor, and enhancing effect on the calcium-induced calcium release, and also a
stimulatory effect on the Ca^{2+} releasing activity in β-cells. Accordingly, an example
of such compounds is caffeine. However, as will be shown in more detail below, the
concentration required in order to achieve the desired context dependent release of
insulin according to the present invention, in the case of caffeine, is too high for

25   caffeine to be of practical value in the treatment of diabetes. Accordingly, it is pre-
ferred that the compounds of the present invention exhibit an activating effect on
the ryanodine receptor, enhancing effect on CICR, and also a stimulatory effect on
the Ca^{2+} releasing activity already at very low concentration.

30   Based on the above findings the present inventor has devised a method for identify-
ing compounds stimulating context dependent insulin secretion in β-cells.

CICR is a multi-step process. The molecules and structures that participate in CICR
include: 1. the plasma membrane Ca^{2+} channels; 2. intracellular Ca^{2+} release chan-

6

nels; 3. intracellular Ca^{2+} stores; and, 4. a large number of molecules associated with the plasma membrane and the intracellular Ca^{2+} release channels. Regulation of CICR is tissue dependent. For example, in β-cells CICR is a strictly context-dependent process. There is currently no suitable method for screening drugs that

5   act on CICR. The conventional methods for studying CICR in muscle cells use ry-anodine-binding assay using microsomes. These methods are indirect and use destructive biochemistry and do not actually study CICR. These methods are not suit-able for β-cells also for following reasons: 1. For preparation of microsomes large amounts of pure β-cells are required which are not readily available; 2. the density

10   of ryanodine receptors and other intracellular Ca^{2+} channels in β-cells is low; 3. the coupling between multiple molecules that mediate CICR is lost in microsome prepa-rations; and, 4. metabolism of nutrients is essential for glucose-stimulation of β-cells but such metabolism is absent in microsomes.

15   For screening drugs that act on CICR in β-cells a method is needed, which can elicit true CICR, which is highly reproducible, which does not require large amount of β-cells and which employs intact and living β-cells. Such a method has now been de-veloped wherein highly reproducible CICR in single living β-cells can be elicited. In this system the interacting molecules that perform CICR are kept intact and the

20   intracellular environment including metabolic potential of β-cells are kept undis-turbed. Moreover, the signal to noise ratio in the method is very high, thus allowing confident detection of CICR-active agents. This method is thus suitable for screen-ing large amount of CICR active agents in β-cells.

25   In order for the β-cells to be able to elicit CICR, the cells require a high glucose con-centration, such as for example 10 to 15 mM, typically 10 to 13 mM, and the cells must also be depolarized.

The inventive method will now be disclosed in closer detail.

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Screening for CICR-active agents in β-cells by detection of periodic amplification of Ca^{2+} signals in β-cell.

Since β-cells are difficult to obtain in large numbers we developed a method where single β-cells can be used for screening CICR-active agents in these cells. In this

35   system, whether or not a compound or drug acts by targeting CICR, is determined

by detection of periodic amplification of Ca^{2+} signals in β-cells. We have established that these periodic amplifications of Ca^{2+} signals in β-cells are signatures of CICR in β-cells. The method is suitable for screening CICR-active agents irrespective of whether CICR is mediated by the inositol-1,4,5-trisphosphate receptor (IP3R) or the

5   ryanodine receptor (RyR). It is a method for screening compounds that affect CICR by acting on molecules interacting with the intracellular Ca^{2+} channels. These molecules include calsequestrin, protein kinase A, protein phosphatases, calmodulin, Ca^{2+} calmoldulin dependent protein kinase, ankyrin, FK506-binding protein, calcineurin, and triadin. It is also a method for screening compounds that affect CICR

10   by acting on molecules or signalling pathways that affect intracellular Ca^{2+} channels. These include CD38, BST-1, cAMP-signalling pathway, nitric oxide signalling pathway. It is also a method for screening drugs that are likely to stimulate insulin secretion only in the presence of a high concentration of glucose, i.e. in a context-dependent manner.

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The present method offers a much faster and simplified route for detection of molecules potentially useful in treatment of defective insulin secretion disorders, as compared to the direct monitoring and detection of insulin release. The detection is on-line, and any response is obtained within a few seconds to a few minutes, typi-

20   cally less than 5 minutes.

A potentially useful molecule found by means of this screening method can subsequently be tested for context-dependent stimulation of insulin secretion in β-cells, by adding said molecule to the β-cells and monitoring insulin secretion. This test is

25   not critical and be performed by any suitable method known in the art.

According to the method of the present invention, compounds can be screened for their ability to activate CICR by testing their ability to elicit periodic amplification of Ca^{2+} signals in β-cells. Specific examples of reproducible methods and protocols

30   whereby CICR can be elicited and quantified in β-cells will be described hereinafter.

Periodic amplification of Ca^{2+} signals are large and transient increases in intracellular free Ca^{2+} concentration ($[Ca^{2+}]_i$) that are superimposed on modestly elevated ambient $[Ca^{2+}]_i$. The amplified Ca^{2+} signals occur periodically with intervals ranging

35   from a few seconds to a few minutes. Periodic amplification of Ca^{2+} signals can con-

8

tinue for several minutes or as long as 20-30 minutes. CICR occurs characteristically when ambient $[Ca^{2+}]_i$ is slightly elevated, e.g. 200-300 nM. But less occasionally it can occur when basal $[Ca^{2+}]_i$ is 50-200 nM. A single amplified Ca^{2+}, i.e. a single spike, can also be due to CICR but can be a non-specific incidental finding and

5   is consequently not considered diagnostic of CICR. Periodic amplification of Ca^{2+} signals as occurs under the experimental conditions, which will be described below, represents regenerative phenomena and is almost diagnostic of CICR in β-cells. When a compound elicits periodic amplification of Ca^{2+} signals by itself or enhances periodic amplification of Ca^{2+} signals elicited by the specific experimental protocols,

10   which will be described hereinafter, it is likely that the compound is acting by sensitizing CICR and that the compound may stimulate insulin secretion in a context-dependent manner by targeting CICR.

In order to confirm CICR and to identify which channels are involved in CICR, com-

15   pounds known in the art to affect IP3R, RyR or the ER Ca^{2+} pump can be used. For example, confirmation that the periodic amplification of Ca^{2+} signals is due to CICR can be obtained by using low concentrations of compounds such as, for example, thapsigargin, caffeine or dantrolene. When periodic amplification of Ca^{2+} signalling is due to CICR, it disappears or is markedly reduced when thapsigargin (500 nM to

20   1 µM) is applied to the cells through superfusion systems, while the $[Ca^{2+}]_i$ is being continuously recorded on-line. When periodic amplification of Ca^{2+} signalling is due to CICR, it disappears or is markedly reduced when ruthenium red (10 µM) or its related compounds (e.g. ruthenium amine binuclear complex, Ru-360) or dantrolene (75 µM) or its congeners (GIF-0185, GIF-0082, azumolene, aminodan-

25   trolene) is applied to the cells through superfusion systems, while the $[Ca^{2+}]_i$ is being continuously recorded on-line. When periodic amplification of Ca^{2+} signalling is due to CICR, it increases in magnitude and/or in frequency when caffeine (0.5 mM to 2.5 mM) is applied to the cells through superfusion systems, while the $[Ca^{2+}]_i$ is being continuously recorded on-line.

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Choice of β-cells for use in the method
For screening of compounds that stimulate insulin secretion by targeting CICR, it is preferred to use β-cells obtained from mice, rats or human pancreas or insulinoma cell lines.

• It is convenient to use β-cells obtained from *ob/ob* mice since they have large islets and almost 95% of cells in the islets are β-cells. However, β-cells obtained from some colonies of *ob/ob* mice may lack large number of ryanodine receptors. When cells obtained from other mice, rats or human islets of Langerhans are used, one needs to establish that the cell being examined is likely to be a β-cell. This can be examined by applying tolbutamide (40 µM) or glucose (10 mM) to the cell through perfusion while $[Ca^{2+}]_i$ is being recorded simultaneously. If the cell does not respond by elevation of $[Ca^{2+}]_i$ when exposed to tolbutamide or glucose, it is unlikely to be a β-cell and must not be used for screening of CICR-activating agents. In general, β-cells are larger than non-β-cells and selection of large cells that respond to glucose (10 mM) or tolbutamide (100 µM) by an elevation of $[Ca^{2+}]_i$ makes likely that a β-cell is being examined.

In the present method, it is generally preferred to use β-cells having ryanodine receptors, especially since CICR involving the RyR has been found to be more pronounced. Thus, depending on the specific β-cells to be used, it may be desirable to examine whether said cells have ryanodine receptors. This can be accomplished by testing the effect of caffeine on $[Ca^{2+}]_i$ according to the protocols of Islam MS et al in *In situ* activation of the type 2 ryanodine receptor in pancreatic beta cells requires cAMP-dependent phosphorylation, *Proc.Natl.Acad.Sci.U.S.A.*, 95, 6145-6150 (1998).

Insulinoma cell lines obtained from rat, mouse or hamster can be used for screening CICR-active agents. In this respect the cell lines that are glucose-responsive, i.e. that respond to glucose by elevation of $[Ca^{2+}]_i$, or by stimulation of insulin secretion are more useful. Furthermore the cells should respond to the physiological range of changes in glucose concentration. Typically, a check for insulin secretion response to a change in the glucose concentration from 3 mM to 10 mM is sufficient. Often the cells also respond to a change in the glucose concentration from 3 mM to 7 mM. If insulinoma cells do not respond to glucose, they should not be used for screening for CICR-active agents.

The insulinoma cells can be one of the following: INS-1 cells, various glucose-responsive clones derived from INS-1 cells, betatc3 cells, MIN6 cells and some clones of HIT cells.

A new type of β-cell, called the S5 cell, which is particularly suitable for use in
screening CICR-active drugs in β-cells has been developed by the present inventor.
The S5 cells can be obtained from INS-1E cells by adapting the latter to culture
5   conditions where fetal bovine serum is reduced to 2.5% and 2-mercaptoethanol is
increased to 500 µM. The S5 cells are more differentiated, more slowly growing than
ordinary insulinoma cells, and performs more like normal β-cells.

The S5 cells used in the examples below were obtained by adapting the cells to the
10   above culture conditions over 37 passages. These cells were cultured in RPMI 1640,
with L-Glutamine (Life Technologies: Catalog. No. 21875-034), supplemented with
HEPES (10 mM, Life Technologies. Catalog. No. 15630-049), and sodium pyruvate
(1 mM, Life Technologies. Catalog No. 11360-039). 2.5% (v/v) heat-inactivated fetal
bovine serum was added to this medium and the medium was aliquoted in 50 ml
15   tubes. To this medium, 500 µM 2-mercaptoethanol (Life Technologies. Catalog. No.
31350-010) and penicillin (50 i.u./ml), streptomycin (50 µg/ml) (Life Technologies.
Catalog. No. 15070-063) was added immediately before the medium was used for
culture. 2-mercaptoethanol (50 mM, stock) was aliquoted and stored frozen in 100
µl portions and was thawed just before use.
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A desired set of β-cells to be used in the inventive method can be obtained by
means of any suitable method known in the art. A set can for example conveniently
be obtained by culturing a number of β-cells, such as for example the above-
mentioned S5 cells.

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β-cells can for example be seeded directly on to sterile glass coverslips at a concen-
tration of about 50 000 cells per ml in RPMI-1640 medium with hepes, pyruvate, 2-
mercaptoethanol and FBS. It is preferred not to use poly L-lysine, collagen or ex-
tracellular matrix for attachment of cells on to the coverslips because such ar-
30   rangements make the cells abnormally flat and alter their nano-architecture. A drop
of medium containing the cells is put on the center of the coverslip and spread gen-
tly with a pipette tip. The coverslip, which is placed in a small petridish and left in a
humidified CO_2 incubator at 37°C for 30 min to 2 hrs. When insulinoma cell lines
are used 30 min is enough for attachment to the glass coverslips. Primary β-cells
35   from rodent or human islets are allowed to attach for 1-2 hrs. Attention is needed to

11

check that the medium does not get dried up during this incubation. After 30 min
to 2 hrs for attachment the petridishes are brought out of the incubators and 2-3
ml warm (37°C) culture medium is added very gently to the dishes. Attention is
needed to see that the coverslips do not float. The cells are suitably cultured for two
5   days before using them for experiments.

Depending on the mode of detection of CICR in the claimed method different Ca^{2+}
indicators can be used. The mode of detection is not critical to the invention as long
as CICR is not unduly disturbed thereby. A presently preferred mode of detection is
10   by means of fluorescence, in which case a fluorescent Ca^{2+} indicator is used.

It is preferred that the loading of the cells with a given Ca^{2+} indicator is such that
just enough fluorescence signal from the β-cells for detection purposes (e.g. 5 000
to 10 000 cps) can be obtained. Very low level of loading is necessary since high
15   loading interferes with Ca^{2+} homeostasis and alters metabolic state of the β-cells.
Accordingly, a highly purified grade of Ca^{2+} indicator is preferably used. As a suit-
able example, fura-2 AM, FluoroPure grade in special packaging, from Molecular
probes (catalog no. F-14185) or Fura-4F AM (molecular probes) can be used, such
as in the following example. Similar indicators from other manufacturers may be
20   also suitable.

In order for the cells to be able to effect CICR, the intracellular store of calcium
should be filled. This can be accomplished by treating the cells with a high glucose
containing solution. In order to keep the cells relatively quiet a concentration of
25   about 3 mM can be used. When higher concentrations are used the cells will be-
come stimulated. However, by adding diazoxide higher glucose concentrations, such
as 10-12 mM, can be used while the cells still are kept quiet and the base line
$[Ca^{2+}]_i$ is kept low.

30   As a specific example of a suitable loading procedure of a fluorescent Ca^{2+} indicator,
the following procedure is provided: In this example the cells are loaded in RPMI-
1640 medium containing 0.1% bovine serum albumin. The RPMI medium for load-
ing with fura-2 does not contain 2-mercaptoethanol, Hepes or fetal bovine serum,
but preferably contains diazoxide 100 μM to keep the β-cells quiet during incuba-
35   tion in the medium, which contains 11 mM glucose. Pyruvate may be omitted from

the loading medium. Fura-2 AM concentration for loading is 0.2-1 µM. The concentration should be kept as low as possible for measuring fluorescence. High concentration of fura-2, e.g. 2-5 µM abolishes CICR since at such concentrations, the intracellular fura-2 concentration is also high and it chelates Ca^{2+} that enters through

5   the voltage-gated Ca^{2+} channels. Fura-4 AM and related fura indicators can be used instead of fura-2. Thereafter, the cells on glass cover slips are incubated in fura-2 AM for 35 minutes in the CO_2 incubator at 37°C and then transferred to a physiological solution containing 11 mM glucose for additional 10 minutes. The composition of this physiological solution (modified KRBH) is: NaCl 140, $NaHCO_3$ 2, KCl 3.6,

10   NaH_2PO_4 0.5, $MgSO_4$ 0.5, HEPES 10, $CaCl_2$, 1.5, BSA 0.1%. This physiological solution for loading with Ca^{2+} indicators also contains diazoxide 100 µM. The diazoxide should preferably be "Hyperstat" (Schering Plough) or similar preparation that maintains diazoxide in aqueous solution. The stock solutions of diazoxide should be carefully examined for precipitation of diazoxide crystals and when this occurs the

15   solution should be discarded. Diazoxide should preferably not be dissolved in dimethyl sulfoxide (DMSO) for these experiments. Diazoxide may be omitted during loading of Ca^{2+} indicators but in that case the last ten minutes incubation in the physiological solution should contain 3 mM glucose. If the cells are loaded with Ca^{2+} indicators in medium containing 3 mM glucose for 45 minutes, the cells may not

20   show CICR since under such conditions the endoplasmic reticulum Ca^{2+} stores become relatively empty.

Instrument set up and procedures for experiments for detecting CICR in β-cells

Suitable instrumentation set up will of course be dependent on the mode of detec-
25   tion of CICR selected. The following is a specific example of set up and procedure for fluorescence detection.

In the following example amplitude of fluorescence signals from single β-cells was measured using a microscope-based fluorescence system (Olympus microscope and
30   a M-39/2000 RatioMaster fluorescence system (PhotoMed). Microscope-based fluorescence systems from other manufacturers can also be used. The cells were excited at wavelengths of 340 nm and 380 nm, and emitted light selected by a 510 nm filter was monitored by a photomultiplier. Excitation wavelengths, 340 nm and 380 nm are generated alternately by a fast monochromator. Fluorescence data are ac-
35   quired at a rate to yield two ratios per second. Cells on the coverslip are mounted as

the bottom of a temperature controlled chamber (RC-21BRW chamber and PH2
platform, Warner instruments inc., U.S.A). The temperature of the fluids in the per-
fusion chamber is maintained at 37°C by a probe placed in the chamber. The tem-
perature of the fluids in the chamber is monitored continuously. If this temperature
is not maintained CICR may not be elicited. The fluid is continuously perfused at a
rate of 2 mL per minute using a peristaltic pump and the solution is heated just
before it enters into the chamber by an on line solution-heater (Warner instru-
ments, Inc.). The rate of solution exchange should be fast.

The optics of the system should be of high quality to allow optimal transmission of
light and detection of fluorescence signals. In the example a 40x oil immersion ob-
jective with 1.35 numerical aperture (Uapo/340, Olympus) was used. This objective
allows high transmission of 340 and 380 wavelengths. Microscope objectives of
similar or better quality can be used.

At the beginning of fluorescence experiments, the cells are inspected in the micro-
scope to choose the "best-looking" cells. Usually, these are relatively large cells with
intact margin and the cells are not very flattened. In a case where S5 cells are used,
cells that are round and do not have neuron-like processes should be used. These
are more differentiated and responds by CICR more often. A small area that in-
cludes the cells is chosen for measuring fluorescence from that area.

Fluorescence is preferably recorded from single β-cells. If a large group of cells or an
islet is used, CICR is difficult or even impossible to identify.

As will be described below fluorescence imaging systems can be used instead of
photomultiplier-based systems, for detecting the periodic amplification of Ca^{2+} sig-
nals and thereby CICR, but are presently less preferred. In such a case images are
to be acquired at a rate sufficient to yield two ratio points per second. When imag-
ing systems are used, it is not good to use only the brightly fluorescent cells. These
cells contain high amount of Ca^{2+} indicators inside the cytoplasm, which buffers
incoming Ca^{2+} and makes CICR impossible, and one can not be sure that the
changes seen in these images are due to CICR.

Detection of CICR by fluorescence imaging techniques

Fluorescence imaging systems can be used to detect CICR from β-cells. Ratiometric
Ca²⁺ indicators like fura-2 are loaded into β-cells as described before. Images can be
taken from a field that contains about 10-30 discrete cells. It is likely that such a
field will contain some cells that are capable of responding by CICR. Images should
5   be collected fast so that at least 1-2 ratios per second can be obtained. This is not a
limitation since fast speed fluorescence cameras can take pictures at a rate as high
as 60 per second. Signals should be stored as raw data and should not be averaged.
Data should be collected for about 5 minutes after addition of the test substances.
Later on signals from all of the individual cells are analysed by analysing the im-
10   ages. This can be done by appropriate image analysis software. If any of the cells in
the field show periodic amplification of Ca²⁺ signals then the test is positive.

The imaging technique can be adapted to high throughput screening systems. In
this case the cells are plated in multiwell plates at low dilutions so that discrete
15   single cells are present in the field. Images are first taken before addition of the test
substances. After addition of the test substances in the multiwell plates images are
collected again for about five minutes. The wells are imaged at a fast rate to obtain
at least 1-2 fluorescence ratios per second. This will generate a large amount of
data which has to be handled with appropriate storing and computing facilities.
20   Fluorescence signals from at least 5-10 single cells from each wells should be ana-
lysed at if any of them shows periodic amplified Ca²⁺ signals the test is regarded as
positive. Appropriate softwares can be used for image analysis from the multiwell
plates.

25   **Examples of Experimental procedures and variations**

The following are examples of different protocols which can be used for addition of a
candidate compound to be tested to the β-cells, and for monitoring of periodic am-
plified Ca²⁺ release in the cell after addition of the candidate compound.
30

Example 1 - Control experiment

In Figure 1A, a control experiment according to the following protocol is shown. The
cells in the chamber are perifused with the physiological solution containing 11 mM

glucose and 100 µM diazoxide (solution A). The $[Ca^{2+}]_i$ at the beginning of the ex-
periment is about 35-100 nM. This can be estimated roughly by looking at the 340
and 380 signals. If resting $[Ca^{2+}]_i$ appears to be unusually high the cell should be
excluded from experiment and a new cell selected instead. The fluorescence signals
5   should be stable. If the fluorescence signals decline rapidly indicating leakage of
fura-2, the cell should be excluded from the experiment and a new cell or a new
coverslip chosen for experiment. Such leakage of Ca^{2+} indicators or high basal
$[Ca^{2+}]_i$ are signs of poor health of the cells and such cells are not suitable for use in
screening for CICR-active agents. When fluorescence is stable (usually 30 s to a few
10 minutes), the solution is changed to one containing 30 mM KCl in addition to glu-
cose (11 mM) and diazoxide (100 µM) (solution B). Equimolar concentration of NaCl
is reduced from this solution. On addition of this solution $[Ca^{2+}]_i$ goes up first rap-
idly and then slowly to a peak. After about 3 min, the KCl-containing solution and
$[Ca^{2+}]_i$ then returns to normal within a few minutes. The experiment represents a
15 control experiment for a subsequent CICR-screening experiment. At the end of this,
the cell is discarded. Prolonged use of one cell in such experiments makes it diffi-
cult or impossible to detect CICR.

Example 2

20

A new cell from a new coverslip is taken for experiment and is perifused with solu-
tion A, which in addition contains a test substance that is likely to trigger CICR.
The procedures described for the control experiment are repeated for the test cell,
and at an appropriate point of time solution B containing in addition the test sub-
25 stance is added. In figure 1B, this is shown for the substance forskolin (5 µM). In a
typical positive response $[Ca^{2+}]_i$ first goes up to a level and then goes up even fur-
ther in the form of a large and transient spikes, which then returns to an elevated
level of $[Ca^{2+}]_i$. This is a form of amplified Ca^{2+} signal. Following this there is then a
series of amplified Ca^{2+} signals appearing at variable intervals. The initial amplified
30 Ca^{2+} signal may be missing in some responses but still the subsequent periodically
amplified Ca^{2+} signals are present. The response is characterized by following prop-
erties: 1. large $[Ca^{2+}]_i$ increase; 2. transient $[Ca^{2+}]_i$ increase (a few seconds in dura-
tion); 3. regeneratative; and 4. periodic, i.e. appearing at intervals of a few seconds
to a few minutes. As a minimum, the test substance should give at least one such

amplified Ca^{2+} signal. The experiment is continued for about 3 minutes and can often be continued for 30 minutes.

During prolonged experiments, solutions containing pharmacological tools can be added to determine whether the CICR is mediated by inositol-1,4,5-trisphosphate receptor or RyR, and to confirm whether it is CICR or not. Such tools include, caffeine, isocaffeine, ryanodine, dantrolene, xestospongin C, 2-aminoethoxydiphenyl borate (also called diphenylboric acid 2-aminoethyl ester), thapsigargin, cyclopiazonic acid, 2,5-di-(*tert*-butyl)-1,4-benzohydroquinone, ruthenium red of thapsigargin, eudistomin D, bastadins, U73122 (1-[6-([[(17b)-3-methoxyestra-1,3,5(10)-trien-17-yl]amino)hexyl]-1*H*-pyrrole-2,5-dione), ET-18-OCH3 (1-octadecyl-2-methyl-*rac*-glycero-3-phosphocholine) or related compounds.

Example 3

Example 2 was repeated, except that the cells were perifused first with solution A and then with solution B. After $[Ca^{2+}]_i$ had increased to a plateau level by solution B, a new solution B containing in addition the test substances was added. The new solution B containing the test substance may then give rise to the periodic amplification of Ca^{2+} signals, if the substance is a CICR active agent.

Example 4

In this example a substance known to elicit CICR reproducibly first elicits the periodic amplification of Ca^{2+} signals. Such a substance can for example be forskolin (2.5-5 µM). The cell is first perifused with solution A, then with solution B containing forskolin. The periodic amplification of Ca^{2+} signals and their frequency are first noted. A third solution containing solution B and a test substance (in addition to forskolin) is then added. If this increases the frequency or amplitude of the periodic amplification of Ca^{2+} then the substance is a sensitizer or activator of CICR. If the test substance decreases the frequency or amplitude of the periodic amplification of Ca^{2+} then the substance is an inhibitor of CICR.

Example 5

In this example, yet another variation is described. With reference to Fig. 2, the test
substance, glucagons-like peptide 1, gave rise to periodic amplification of Ca^{2+} sig-
nals. The cell is perifused with the physiological solution containing 3 mM glucose.
The cell is then depolarized by 30 mM KCl in the same physiological solution. After
$[Ca^{2+}]_i$ goes up (due to Ca^{2+} entry through L-voltage-gated Ca^{2+} channel), 10 µM
D600 or verapamil is added to the solution. $[Ca^{2+}]_i$ then returns to near base line. At
such concentrations, D600 or verapamil does not completely block the L-type Ca^{2+}
channels but reduces frequency of opening of the L-type Ca^{2+} channels. This re-
duces the component of $[Ca^{2+}]_i$ that is due to Ca^{2+} entry through L-type Ca^{2+} chan-
nels and thus allows the CICR component to be visualized better. After D600, when
$[Ca^{2+}]_i$ returns to the base line, a new solution containing 13 mM glucose and the
test substance (in addition to KCl and D600) is added. If the test substance sensi-
tizes or activates CICR, there appear periodically amplified Ca^{2+} signals. Alterna-
tively, a known CICR-sensitizing agent under these experimental conditions first
elicits CICR, and thereafter a solution containing unknown test substance is added
to see if it increases or decreases frequency and/or amplitude of the periodic ampli-
fication of Ca^{2+} signals.

Example 6

Another variation that works with some insulin-secreting cells and some tests is as
follows. The cell (β-cells, which are preferably S5 cells) is first perifused with physio-
logical solution containing 3 mM glucose and then with the same solution contain-
ing 10 mM glucose. A solution containing 10 mM glucose and the test substance is
then added (see Fig. 3). This will induce periodic amplification of Ca^{2+} signals indi-
cating that the substance is a sensitizer or activator of CICR. As can be seen in Fig.
3, the test substances caffeine and isocaffeine gave rise to periodic amplifications of
Ca^{2+} signals. Caffeine was more potent than isocaffeine and accordingly caffeine
gave more frequent CICR. A is the test and B is the control experiment.

In Fig. 4, same experiment is shown, except for that MBED and S5 cells were used.

Example 7

Other variations of the method for screening CICR-active agents in β-cells are pos-
sible wherein the filling state of the ER, the phosphorylation status of the cell,
5   and/or sensitivity of the intracellular Ca^{2+} channels is increased by known pharma-
cological probes, such as, e.g. caffeine, cAMP, nitric oxide, cyclic ADP ribose or fruc-
tose 2,6-biphosphate.

In all the above protocols the relative potency of an CICR-active agent can be esti-
10   mated semi-quantitatively from the frequency and amplitude of the amplified Ca^{2+}
signals.

Compounds identified by means of the above screening method – Insulin secre-
tion, Mechanisms and Receptors involved

15

By means of the screening method the compounds MBED, caffeine (to a lesser ex-
tent iso-caffeine) and forskolin have been found to elicit periodic amplified Ca^{2+} re-
lease in β-cells. However, as opposed to the other compounds, forskolin does not
bind directly to the RyR, but act through phosphorylation. Subsequent testing of
20   the compounds has also confirmed context dependent stimulation of insulin secre-
tion in β-cells by said compounds.

Compounds falling within the general definition given by the following general for-
mula are also expected to exhibit similar activity due to structural and chemical
25   similarity:
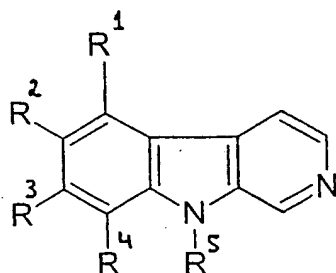
30

wherein,

R¹ is a halogen atom;

35   R² is a hydroxyl, methoxy or acetoxy group;

R^3 is hydrogen or a halogen atom

R^4 is hydrogen or an acetoxy group; and

R^5 is hydrogen or a methyl group,

with the proviso that at least one of R^4 and R^5 is hydrogen.

Suitable compounds according to the present invention are for example those described in JP-2579789, and by Asami Seino-Umeda et al. in *J. Pharm. Pharmcol.* (2000), **52**: 517-521, and by Kobayashi, J., et al. in *J. Pharm. Pharmcol.* (1988), **40**: 62-63.

A generally preferred group of compounds according to the present invention are those wherein R^2 is a hydroxyl group, and more preferably the derivatives of eudistomin D, i.e. wherein R^2 is a hydroxyl group and R^1 is bromine.

In compounds wherein R^1 and R^3 both are halogen atoms, and especially in such compounds wherein R^2 is a hydroxyl group, it is generally preferred that R^1 and R^3 are the same, suitably iodine, chlorine or bromine, more preferably chlorine or bromine, and most preferably bromine.

In compounds wherein R^2 is methoxy, R^4 is preferably acetoxy.

In compounds wherein R^2 is acetoxy, R^4 is preferably hydrogen.

Specific examples of compounds of the present invention are 8-acetoxy-5-iodo-6-methoxypyrido[3,4-b]indole, 5,7-dibromo-6-hydroxypyrido[3,4-b]indole (also referred to as 7-bromoeudistomin D), 5,7-dibromo-6-acetoxypyrido[3,4-b]indole, 5,7-dibromo-6-acetoxy-9-methylpyrido[3,4-b]indole, 5,7-dibromo-6-hydroxy-9-methylpyrido[3,4-b]indole (also referred to as 9-methyl-7-bromoeudistomin D or MBED), 5,7-dichloro-6-hydroxypyrido[3,4-b]indole, 5,7-dichloro-6-hydroxy-9-methylpyrido[3,4-b]indole, 5,7-diiodo-6-hydroxypyrido[3,4-b]indole, and 5,7-diiodo-6-hydroxy-9-methylpyrido[3,4-b]indole.

Examples of preferred compounds are 8-acetoxy-5-iodo-6-methoxypyrido[3,4-b]indole, 7-bromoeudistomin D, 5,7-dibromo-6-acetoxypyrido[3,4-b]indole, 5,7-dibromo-6-acetoxy-9-methylpyrido[3,4-b]indole, 5,7-dibromo-6-hydroxy-9-

methylpyrido[3,4-b]indole, 5,7-dichloro-6-hydroxypyrido[3,4-b]indole, and 5,7-diiodo-6-hydroxypyrido[3,4-b]indole.

Examples of more preferred compounds are 8-acetoxy-5-iodo-6-methoxypyrido[3,4-
5   b]indole, 9-methyl-7-bromoeudistomin D and 7-bromoeudistomin D, of which com-
pounds 9-methyl-7-bromoeudistomin D is the most preferred.

MBED is highly lipophilic potent and effective in stimulating insulin secretion from
beta-cells in a context dependent manner. The mechanism underlying this distinct
10   effect of MBED involves the ryanodine receptor and CICR, as evidenced from the
fact that known activators of ryanodine receptors, like caffeine, also stimulated con-
text dependent insulin secretion. Such context dependent insulin secretion was not
due to inhibition of beta-cell cAMP-phosphodiesterases or inhibition of adenosine
receptors. Accordingly, while not wishing to be bound to any theory, the present
15   inventor concludes that the β-cell ryanodine receptor and CICR are distinct targets
for developing drugs that would stimulate insulin secretion in a context dependent
manner and that MBED represents a prototypic compound for developing such
therapeutic agents.

20   In the following, testing for stimulation of insulin secretion by molecules found to
elicit periodic amplified in the screening method will be described, , and more par-
ticularly with reference to MBED. The underlying mechanism of action and recep-
tors involved will also be described in the following experiments.

25   **Materials used**

INS-1E rat insulinoma cells were from C. B. Wollheim and P. Maechler, Geneva.
Caffeine, isocaffeine, glucose (Sigma, G-5146) and dantrolene were from Sigma. 3,9-
dimethylxanthine was from Fluka. Ryanodine and thapsigargin were from Calbio-
30   chem. 9-methyl-7-bromoeudistomin D hydrochloride (MBED) was from Dr. Guy
Nadler, SmithKline Beecham, France. ^{3}H-cyclic AMP was from Amersham. Rat insu-
lin ELISA kit was from Mercodia AB, Sweden. ^{125}I-insulin was from Euro-
Diagnostica AB, Sweden.

35   **Experimental Methods used**

• Cell culture:

Glucose-responsive clonal insulinoma cells (INS-1E) were cultured in RPMI-1640
medium supplemented with FBS (5%, v/v), penicillin (50 i.u. /ml), streptomycin (50
5   μg/ml), 2-mercaptoethanol (50 μM), HEPES (10 mM) and sodium pyruvate (1 mM)
(Maechler, P. et al., *IUBMB.Life* 50, 27-31(2000). Medium was changed every other
day.

Insulin release from cells:

10   INS-1E cells (200,000/well) were seeded in 24-well plates and cultured for 6-7 days
before using them for insulin release assay. On the day of experiment, cells were
incubated in RPMI without glucose for 2 hours. Cells attached to the wells were
then washed three times with warm (37°C) medium (KRBH) containing (in mM):
NaCl 140, NaHCO$_3$ 2, KCl 3.6, NaH$_2$PO$_4$ 0.5, MgSO$_4$ 0.5, HEPES 10, CaCl$_2$, 1.5, BSA
15   0.1% and incubated for 30 minutes at 37°. Cells were then incubated with 500 μl of
the test solutions, by adding solution to one well at a time, every 20 sec. After one
hour of incubation, 200 μl of supernatant was transferred to Eppendorf tubes,
again one well at a time, every 20 sec. The collected materials were then centrifuged
and supernatants were used for insulin ELISA.

20

Islet preparation

Normal lean mice (BALB/c, Bomholtgård, Ry, Denmark) weighing 20-25 g were
starved overnight and islets isolated by collagenase digestion and dextran purifica-
tion method (Shi, C. L., *Cell Transplant.* 6, 33-37 (1997)). Islets were then cultured
25   overnight in RPMI 1640 medium containing 10% FBS, 11.2 mM glucose, 60 i.u./ml
penicillin and 60 μg/ml gentamicin, in a water-saturated atmosphere of air and 5%
CO$_2$.

Insulin release from islets

30   Groups of 50 islets were transferred to a perifusion chamber housed in an infant
incubator at 37°C. They were perifused at a rate of 1 ml/ min with Krebs-Ringer
bicarbonate buffer supplemented with 20 mM HEPES, 0.1% BSA, glucose and
drugs as required. The buffer was continuously gassed with 95% O$_2$ and 5% CO$_2$.
The islets were perifused for 30 min with this medium containing 2 mM glucose,

22

follcwed by a 40-min stimulation with 11.2 mM glucose alone (control), or 11.2 mM
glucose plus drugs. During the last five minutes of perifusion with 2 mM glucose,
three samples of effluent were collected to measure basal rate of insulin secretion.
After switching to the 11.2 mM glucose the effluent was sampled every minute for
5   the first five minutes and then at the intervals of 5 minutes. The average rate of in-
sulin secretion (ng/min/50 islets) was calculated by integrating individual perifu-
sion profile. Insulin was measured by radio immunoassay using crystalline mouse
insulin as standard (Shi, C. L. cited above).

10   Phosphodiesterase assay:
Rat insulinoma cells were detached from the flasks by trypsin-EDTA. The cells were
homogenized in Tris buffer containing (in mM): Tris 10, sucrose 250, EDTA 1.0,
phenylmethylsulphonyl fluoride 0.01 and benzamidine 1.0. The homogenates were
centrifuged (48,000 g, 20 min, 4°C). Both soluble extracts and the pellet were as-
15   sayed for cAMP-PDE activity with 0.5 μM 2,8-[3H]-cyclic AMP as substrate (see
Ahmad, M. et al., *Br.J.Pharmacol.*, 129, 1228-1234 (2000) and Thompson, W. J. and
Appleman, M. M., *Biochemistry*, 10, 311-316 (1971)). Assays were performed by the
two-step radiometric assay under linear rate formation of product and where less
than 10% of substrate is utilized. Activity was expressed as pmol/min/ml and per-
20   centage inhibition of the control value.

Measurement of cAMP content:
INS-1E cells (20000 per well) were cultured for three days in 24 well plates. On the
day of the experiments cells were washed and incubated for 30 min at 37°C in the
25   KRBH buffer containing 3 mM glucose. Cells were then washed again and solutions
containing 11.2 mM glucose and test substances were added. After 10 min, incuba-
tions were terminated by removing the medium and precipitating cell protein in
80% ice-cold ethanol. Cells were then scraped and all contents of the wells were
transferred to tubes. After centrifugation at 14,000 rpm for five min, the super-
30   natants were collected and freeze-dried over-night. The cAMP content in each sam-
ple was determined with a radio ligand-binding assay using a bovine heart cAMP-
binding protein as described by Pyne, N. J. and Tolan, D., Pyne, S. in *Biochem.J*
328 (Pt 2), 689-694 (1997).

35   Confocal microscopy imaging:

INS-1E cells were incubated in medium containing 5 mM glucose and 5 μM fluo-3

AM for 30 minutes followed by 10 min in medium without fluo-3. Cover slips were

mounted in a superfusion chamber, which was superfused with physiological solu-

tion at 3 ml/min. A three-way solenoid valve system allowed for rapid exchange of

5   solutions. The dead space of the system (from valve inlet to chamber) was ~ 0.5 ml.

The flow was increased to 6 ml/min 15 s prior to switching from control solution to

experimental solutions and reduced back to 3 ml/min after return to normal solu-

tion. $[Ca^{2+}]_i$ were recorded with a BioRad laser scanning confocal system (BioRad

MRC 1024) attached to a Nikon Diaphot 200 inverted microscope equipped with

10   Nikon Plan Apo 60x 1·4 NA oil immersion objective. Fluo-3 was excited at 488 nm

(15 mW krypton-argon mixed gas laser, intensity attenuated to 3%) and the emitted

light was collected through a 522 nm narrow band filter. Images were obtained with

the iris closed to the minimum size that was compatible with good image quality.

For each image, 3x Kalman averaging was used. Images were stored and converted

15   to pseudo-color images using Scion Image software (Scion Corporation, Maryland).

Ratios were calculated using the initial fluorescence F_0 , and the observed fluores-

cence F using the equation R= F/F_0, and these ratios were subsequently converted

into $[Ca^{2+}]_i$ using the equation: $[Ca^{2+}]_i = RxK_D/((K_D/\text{resting } [Ca^{2+}]_i)-R)$. K_D, the appar-

20   ent dissociation constant of fluo-3 at 25 °C, was taken to be 480 nM. Resting $[Ca^{2+}]_i$

in these cells under the conditions of experiment was 35 nM. All experiments were

carried out at room temperature (25° C).

Measurement of $[Ca^{2+}]_i$ by Microfluorometry:

25   Mouse β-cells plated on glass cover slips were incubated in RPMI 1640 medium

containing 0.1% bovine serum albumin and 0.6 μM fura-2AM for 30 min. Cells were

then incubated for an additional 10 min in the basal medium containing 3 mM glu-

cose. $[Ca^{2+}]_i$ was measured as described previously with the modifications that an

Olympus microscope and a M-39/2000 RatioMaster fluorescence system (Pho-

30   toMed) were used (Islam, M. S., et al. in *Proc.Natl.Acad.Sci.U.S.A* 95 (11):6145-6150

(1998) cited above).

The following experiments were carried out using the above described methods and

materials.

35

Experiments

1. Effect of MBED on insulin release from INS-1E cells

5   A. Stimulation

In this experiment, the effect of MBED on insulin secretion from a highly differenti-
ated clonal insulin secreting cell line INS-1E was studied. MBED (6 μM) was applied
in the presence of 3 mM or 11.2 mM glucose. For comparison, the effect of caffeine
(2.5 mM) on insulin secretion from the same cells was also studied. The results are
10   presented in FIG. 5A.

From FIG. 5A, it can be seen that MBED released insulin in a context-dependent
manner. There was no stimulation of insulin secretion in the presence of 3 mM glu-
cose, but marked stimulation occurred in the presence of 11.2 mM glucose. The
15   effect of MBED on stimulation of insulin secretion in the presence of 11.2 mM glu-
cose was conspicuous: 6 μM MBED almost doubled the insulin secretion (FIG. 5A)
and the response was similar to that obtained with caffeine (2,5 mM), a well-known
stimulator of the ryanodine receptor. Accordingly, it can be seen that MBED is po-
tent and effective in stimulating insulin release from INS-1E cells in a glucose-
20   dependent manner.

B. Dose-response of MBED

In this experiment the dose response of MBED induced insulin secretion was inves-
tigated. INS-1E cells were cultured in 24 well plates. Insulin release and insulin
25   assay was performed as described above. MBED was tested at a concentration of
0.1 to 100 μM in the presence of 11.2 mM glucose. The most commonly used activa-
tor of ryanodine receptor in β-cells is caffeine. Caffeine is however only effective
when used at high concentrations. From FIG. 5B it can be seen that MBED stimu-
lated insulin secretion in a does-dependent manner and was in this respect about
30   400 times more potent than caffeine (FIG. 5A and 5B).

2. Stimulation of insulin secretion from islets by caffeine and MBED

Glucose-responsive insulin secreting cell lines have been widely used to study stimulus-secretion coupling in beta cells. However, they may differ from native beta cells in a number of aspects. We therefore tested the effects of MBED on insulin secretion from primary beta cells of mouse islets. The results are shown in FIG. 6.

5   Accordingly, 50 islets from normal lean mice were perfused with physiological solutions containing 2 mM glucose. At times indicated by horizontal bars, the islets were perifused with 11.2 mM glucose with or without sensitizers of RY receptors i.e. 2.5 mM caffeine (B) or 6 µM MBED (D). Caffeine and MBED persistently stimulated both the first- and second-phases of insulin secretion. Each curve represents mean

10   ± SEM of four separate experiments.

As shown in Fig. 6B and 6D, in the presence of 11.2 mM glucose MBED and caffeine stimulated insulin secretion. The effects of caffeine and MBED on insulin secretion were persistent and the agents increased both the first- and the second-

15   phases of secretion. MBED was clearly more potent than caffeine, the effect of 6 µM MBED being roughly comparable to that of 2.5 mM caffeine. Stimulation of secretion by MBED and caffeine reversed completely on wash out indicating a lack of any major toxic effect. In contrast to their effects on insulinoma cells, isocaffeine and 3,9-dimethylxanthine had no significant stimulatory effect on insulin secretion from

20   mouse islets. The insulin secretion rate (ng/min/50 islets) from control, caffeine-, isocaffeine-, and 3,9-dimethylxanthine-treated islets were 1.12 ± 0.21, 5.06 ± 1.17 ($p<0.032$), 1.36 ± 0.35 ($p<0.2$), and 2.76 ± 0.81 ($p<0.1$) respectively.

3. Mechanism of $[Ca^{2+}]_i$ increase in beta cells

25

MBED is known to activate ryanodine receptors in different cells (Seino-Umeda, A., Fang, Y. I., Ishibashi, M., Kobayashi, J. & ohizumi, Y. (1998) *Eur. J Pharmacol.* **357**, 261-265, and Fang, Y. I., Adachi, M., Kobayashi, J. & ohizumi, Y. (1993) *J Biol. Chem.* **268**, 18622-18625). To test whether the effect of MBED on insulin secretion

30   could be mediated by ryanodine receptors, the effect of MBED on $[Ca^{2+}]_i$ in INS-1E cells was tested by confocal imaging of fluo-3 loaded INS-1E cells. 50 µM of MBED was applied to the cells. The resulting images are shown in FIG. 7. The changes in colour represent different degrees of $[Ca^{2+}]_i$ increase. From FIG. 7 it can be seen that MBED increased $[Ca^{2+}]_i$ in these cells, indicating that the target for MBED-mediated

insulin secretion was the ryanodine receptor. After application of MBED (50 μM),
the $[Ca^{2+}]_i$ increased in the cells first locally, and thereafter increasingly more gen-
erally. As can be seen from Fig. 7, and as previously mentioned, imaging is not very
good for detecting CICR. At the imaging frequency used in this experiment, one can
5   not be sure that the changes seen in these images are due to CICR. (From FIG. 4,
on the other hand, CICR can clearly be identified)

As will be seen below with reference to FIG. 9, MBED was more potent than caf-
feine, in increasing $[Ca^{2+}]_i$. The MBED-induced increase in $[Ca^{2+}]_i$ was slower com-
10   pared to that observed with caffeine (cf. FIG. 9, upper panel). MBED released Ca^{2+}
at localised sites eventually leading to a global increase in $[Ca^{2+}]_i$ which returned to
baseline in spite of continued presence of the compound.

4. The Ryanodine receptor - a distinct target for stimulating insulin secretion

15

To test whether RY receptors in β-cells are involved in insulin secretion, we tested
the effect of caffeine on the INS-1E cells. INS-1E cells were incubated for 1 hr in the
presence of low (3 mM) or high (11.2 mM) glucose with or without caffeine. Caffeine
(2.5 mM) stimulated insulin secretion in a context-dependent manner (Figure 8A).
20   It did not alter insulin secretion in the presence of 3 mM glucose but stimulated
secretion in the presence of 11.2 mM glucose. Stimulation of insulin secretion by
caffeine (0.75 mM) was observed even when the effect of glucose on K_{ATP} channel
was bypassed by diazoxide and KCl (Fig. 8B). It may be noted that caffeine induces
CICR and increases $[Ca^{2+}]_i$ under such conditions. To determine whether the insulin
25   secretion evoked by caffeine was due to sensitization of the RY receptors or could be
accounted for by inhibition of cAMP-PDEs alone, we used two caffeine-analogs that
have been reported not to inhibit cAMP-PDEs but sensitize the RY receptors. Isocaf-
feine, a 9-substituted isomer of caffeine (2.5 mM) stimulated insulin secretion sig-
nificantly (Figure 8C). Another 9-substituted methylxanthine 3,9-dimethylxanthine
30   (2.5 mM), which sensitizes the RY receptors of β-cells was equally effective as caf-
feine in stimulating insulin secretion (Figure 8C). In these experiments, we used
methylxanthines at a concentration of 2.5 mM. The effects of caffeine and its two
analogs on cAMP-PDE activity in rat insulinoma cells are shown in Figure 8D. Iso-
caffeine (2.5 mM) did not inhibit cAMP-PDEs but still stimulated insulin secretion

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(cf Figure 8D and C). 3,9-dimethylxanthine (2.5 mM) was slightly less potent than
caffeine in inhibiting cAMP-PDEs but was just as effective as caffeine in stimulating
insulin secretion (cf Figure 8D and C). These results suggest that the effect of caf-
feine on insulin secretion cannot be fully attributed to inhibition of cAMP-PDEs.

5

In FIG. 9A, dose response of caffeine on inhibition of cAMP-PDEs in beta-cells is
shown. Membrane fractions and supernatants from insulin-secreting cells were
tested according to methods described above. Circle represents results obtained
from pellet and squares represent those from supernatants. In FIG. 9B, dose re-

10   sponse of caffeine on context-dependent insulin secretion is shown. Conditions for
experiments were as in FIG. 6C. Caffeine was used at a concentration of 0.25 to 3
mM. At a concentration of as low as 0.25 mM, caffeine caused near-maximal stimu-
lation of insulin secretion (Figure 9B), while it inhibited cAMP-PDEs by only ~18%.
Maximal inhibition of cAMP-PDEs was achieved with ~3 mM caffeine, whereas

15   maximal stimulation of secretion was achieved with only 0.25-0.75 mM caffeine.
There was a negative correlation between cAMP-PDE-inhibition by caffeine and
stimulation of secretion by the xanthine drug (Figure 9C) suggesting that a sensiti-
zation of the RY receptors might underlie the caffeine-stimulated secretion. Caffeine
(0.25-3 mM) did not increase cAMP content in these cells. In the cells that were

20   treated with 0.75 mM caffeine (a concentration that stimulated insulin secretion
maximally), cAMP content was 2.29 ± 1.10 pMol per 20,000 cells, whereas that in the
untreated cells was 3.14 ± 1.11 pmol per 20,000 cells (p=0.6, n=4).

5. Presence of ryanodine receptors in INS-1E cells

25

The following experiment was carried out in order to confirm the presence of ryano-
dine receptors in INS-1E cells. For this purpose, the effect of caffeine on $[Ca^{2+}]_i$ was
tested. Fluo-3 loaded single cells were imaged by confocal laser scanning micros-
copy. The results are shown in FIG. 10. Increase in $[Ca^{2+}]_i$ is represented by pseu-

30   docolours, where blue indicates minimal and red indicates maximal $[Ca^{2+}]_i$. Upper
panel of FIG. 7 shows confocal images of cells stimulated with 5 mM of caffeine. As
can be seen, caffeine caused a transient increase on $[Ca^{2+}]_i$, indicating the presence
of ryanodine receptors in these cells. The rapid increase of $[Ca^{2+}]_i$ by caffeine was
global and no clear initiation sites for $[Ca^{2+}]_i$ increase by caffeine could be detected.

It was concluded that the observed increase in $[Ca^{2+}]_i$ by caffeine could not be attributed to inhibition of phosphodiesterases (PDEs) and consequent increase of cAMP, since increase of cAMP by forskolin did not increase $[Ca^{2+}]_i$, as shown in the lower panel.

6. MBED does not inhibit PDEs

The effects of 9-methyl-7-bromoeudistomin D, (MBED) which sensitises CICR by acting on the caffeine-binding site of RY receptors was tested in this experiment. MBED is not a methylxanthine derivative, and was thus less likely to inhibit PDEs. Membrane or supernatant fractions obtained from insulin-secreting cells were assayed for cAMP-PDE activity in the presence of different concentrations of MBED

Table 1: Effect of MBED on cAMP-PDEs in insulin secreting cells.

	Control (pmol/min/ml)	MBED 5 µM (pmol/min/ml)	MBED 50 µM (pmol/min/ml)
Membrane cAMP-PDE	27±3	26.5	23.2
Cytosolic cAMP-PDE	33.1±3.6	27.7±2.5	31.6±0.7

As shown in table 1, MBED did not inhibit PDEs in INS1-E cells.

9. Ca2+ release from the endoplasmic reticulum is involved in context-dependent stimulation of insulin secretion

To examine whether release of Ca^{2+} from the ER was involved in stimulation of secretion by caffeine, we tested the effect of caffeine on cells whose ER Ca^{2+} stores were first depleted by prolonged inhibition of SERCA by thapsigargin (Figure 11A). Basal insulin secretion in Ca^{2+}-depleted cells was not different compared to that in controls cells. The glucose-dependent caffeine-stimulated secretion was significantly reduced but not abolished in thapsigargin-treated cells. This suggests that release

of Ca^{2+} from the ER by caffeine is one of the mechanisms by which caffeine stimulated insulin secretion in a glucose-dependent manner.

A high concentration of ryanodine is expected to inhibit the RY receptors. However, a 1 hr exposure of the cells to100 µM ryanodine did not alter the glucose-induced insulin secretion. The insulin secretion rates (ng/10^6cell/hr) in control and ryanodine-treated cells were 226±32 and 193±11 (n=4) respectively. The stimulation of secretion by caffeine (0.75 mM) was also not reduced by ryanodine and the insulin secretion rates in control and ryanodine-treated cells were 328±22 and 354±34 respectively. Glucose-dependent stimulation of insulin secretion by caffeine was abolished in the presence of dantrolene (75 µM), an inhibitor of RY receptors (Fig. 11B).

Discussion

For the first time it is demonstrated that Calcium Induced Calcium Release (CICR) in β-cells is a target for stimulating insulin secretion in a glucose-dependent manner, especially CICR involving the ryanodine receptor. A method of screening for compounds stimulating insulin secretion in a glucose-dependent manner is also described for the first time, which method is based on the finding that such compounds have been found to elicit periodic amplified Ca^{2+} release in β-cells. By means of the method MBED has been found to be a potent insulin secretagogue and its action is special in that it stimulates insulin secretion only when glucose concentration is high. The substance increased insulin secretion from both insulin secreting cell-lines and native islet cells. MBED affected both first and second phase of insulin secretion and was more potent than caffeine, which is commonly used for studying ryanodine receptors in vitro. The action of MBED involves activation of the ryanodine receptor of beta cells and thereby increase of $[Ca^{2+}]_i$. The action of MBED is not dependent on inhibition of cAMP-PDEs of beta cells as is the case with many methylxanthines. MBED thus represents a novel prototypic drug that uses ryanodine receptor and CICR to stimulate insulin-secretion in a context dependent manner.

In this disclosure the inventor has critically examined the role of ryanodine receptors and CICR process in insulin secretion. For this purpose, caffeine, the classical

activator of ryanodine receptors, was initially used. However, an important experi-
mental obstacle for unravelling the mechanisms by which caffeine induces context-
dependent insulin secretion has been the inability to sensitise the ryanodine recep-
tor without inhibiting PDEs. These obstacles were circumvented by using an ana-
logue of caffeine that does not inhibit PDEs but activate ryanodine receptors. Fur-
thermore, it has been found that MBED does not inhibit cAMP-PDEs but still
stimulates insulin secretion in a context dependent manner pointing to importance
of ryanodine receptor and CICR in this process.

Antagonism of adenosine A_1 receptor can also not explain context dependent in-
crease in insulin secretion since from previous studies it is known that adenosine
receptor antagonists do not alter glucose-induced insulin secretion (D. Hillaire-
Buys, G. Bertrand, R. Gross, and M. M. Loubatieres-Mariani. Evidence for an in-
hibitory A1 subtype adenosine receptor on pancreatic insulin-secreting cells.
Eur.J.Pharmacol. 136 (1):109-112, 1987.

Furthermore, unlike methylxanthines, MBED is not an inhibitor of adenosine recep-
tors.

The functional properties of caffeine-and MBED-sensitive Ca^{2+} stores provide clues
about their location in the cell. The results suggest that high amplitude Ca^{2+} micro-
domains around ryanodine receptors are closely juxtaposed with the insulin secre-
tory granules. In fact these receptors may be situated on insulin secretory granules.
The fact that caffeine and MBED potentiate insulin secretion suggests that CICR
may occur preferentially at the secretory sites.

In summary, novel potent insulin secretagogues that stimulates insulin secretion in
a context-dependent manner have been identified. In particular the very potent
lipophilic insulin secretagogue MBED. The molecular mechanisms involved in this
process, which involves ryanodine receptor and CICR, has been characterised. The
present inventor believes that ryanodine receptor and CICR represent distinct tar-
gets for development of new antidiabetic drugs and that MBED represents a proto-
typic molecule for further development of therapeutic agents.

As previously mentioned, while in most cases ryanodine receptors mediate CICR, β-

cells may however also have other channels that can mediate CICR. Drugs eliciting CICR through such other channels can also be identified by means of the present screening method, which drugs are likely to have the same effect on insulin secretion in β-cells as MBED.

CLAIMS

1. Method of identifying compounds that stimulate insulin secretion in a context-dependent manner, comprising the steps of:

   A.   providing a set of β-cells capable of CICR;
   C.   adding a candidate compound to be tested to the cells; and
   D.   monitoring the cells for periodic amplified Ca^{2+} release in said cells after addition of the candidate compound of step C.

2. Method of identifying compounds that stimulate insulin secretion in a context-dependent manner, comprising the steps of:

   A.   providing a set of β-cells capable of CICR;
   B.   selecting at least one viable/healthy β-cell of said set;
   C.   adding a candidate compound to be tested to the cell(s) selected in step B; and
   D.   monitoring said at least one cell selected in step B for periodic amplified Ca^{2+} release in said cell after addition of the candidate compound of step C.

3. The method of claim 1 or 2, wherein β-cells having ryanodine receptors are used.

4. The method of any of the previous claims, wherein the β-cells are obtained from ob/ob-mice, more preferably S5 cells, derived from INS-1E cells.

5. The method of any of the previous claims, wherein the periodically amplified Ca^{2+} release is initiated within 5 minutes from addition of the compound to be tested.

6. The method of any of the previous claims, wherein the monitoring in step C is performed using a fluorescent Ca^{2+} indicator molecule.

7. Use of a compound that elicits periodic amplified Ca^{2+} release in β-cells for the preparation of a pharmaceutical for use in treating defective insulin secretion related disorders, especially type 2 diabetes.

8. The use of claim 7, wherein the compound is defined by the following formula
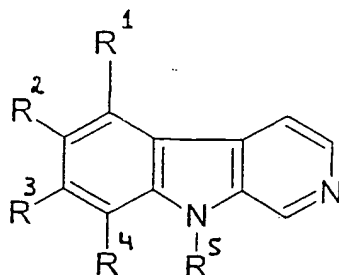
wherein,

R^1 is a halogen atom;

R^2 is a hydroxyl, methoxy or acetoxy group;

R^3 is hydrogen or a halogen atom

R^4 is hydrogen or an acetoxy group; and

R^5 is hydrogen or a methyl group,

with the proviso that at least one of R^4 and R^5 is hydrogen, or a pharmaceutically acceptable salt thereof.

9. The use of claim 8, wherein the halogen atom(s) is selected from chlorine, bromine and iodine.

10. The use of any of the claims 7 to 9, wherein the compound is selected from the group of 8-acetoxy-5-iodo-6-methoxypyrido[3,4-b]indole, 5,7-dibromo-6-hydroxypyrido[3,4-b]indole, 5,7-dibromo-6-acetoxypyrido[3,4-b]indole, 5,7-dibromo-6-acetoxy-9-methylpyrido[3,4-b]indole, 5,7-dibromo-6-hydroxy-9-methylpyrido[3,4-b]indole, 5,7-dichloro-6-hydroxypyrido[3,4-b]indole, 5,7-dichloro-6-hydroxy-9-methylpyrido[3,4-b]indole, 5,7-diiodo-6-hydroxypyrido[3,4-b]indole, and 5,7-diiodo-6-hydroxy-9-methylpyrido[3,4-b]indole.

11. The use of any of the claims 7 to 10, wherein the compound is in the form of a hydrochloride salt.
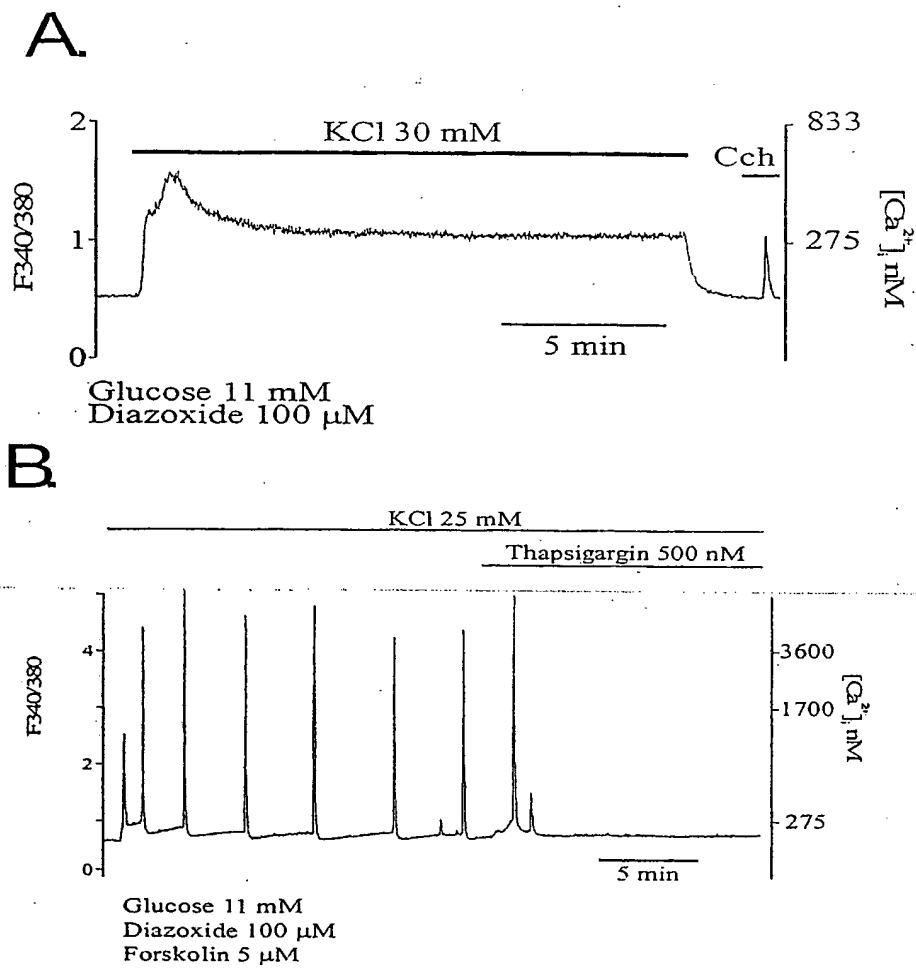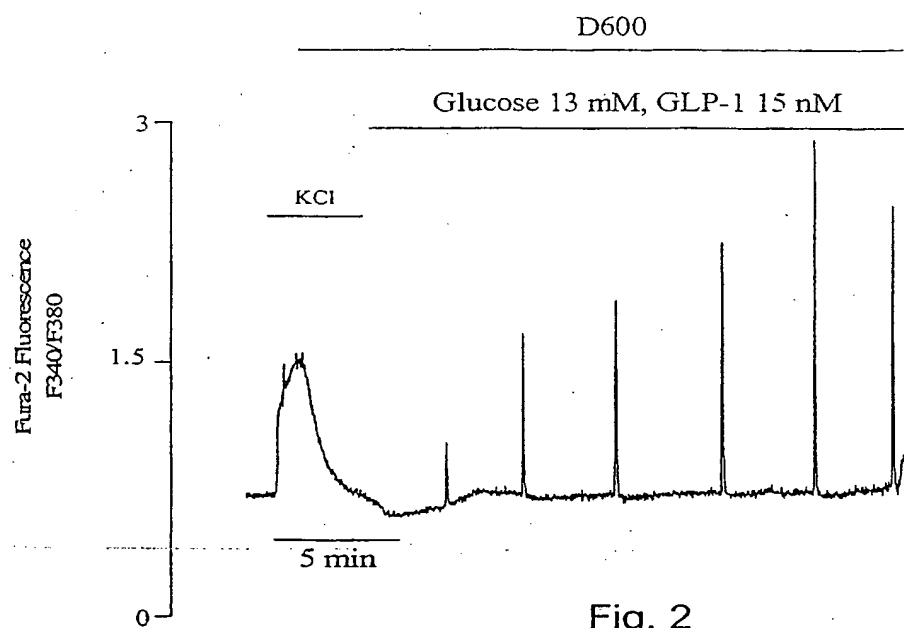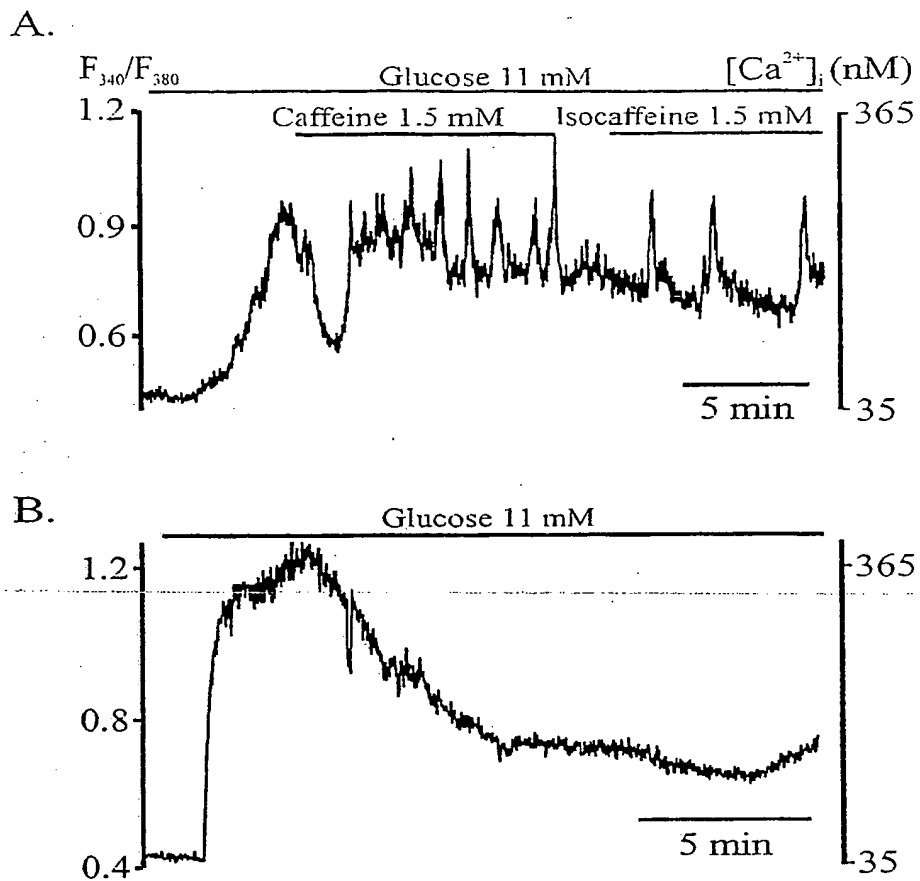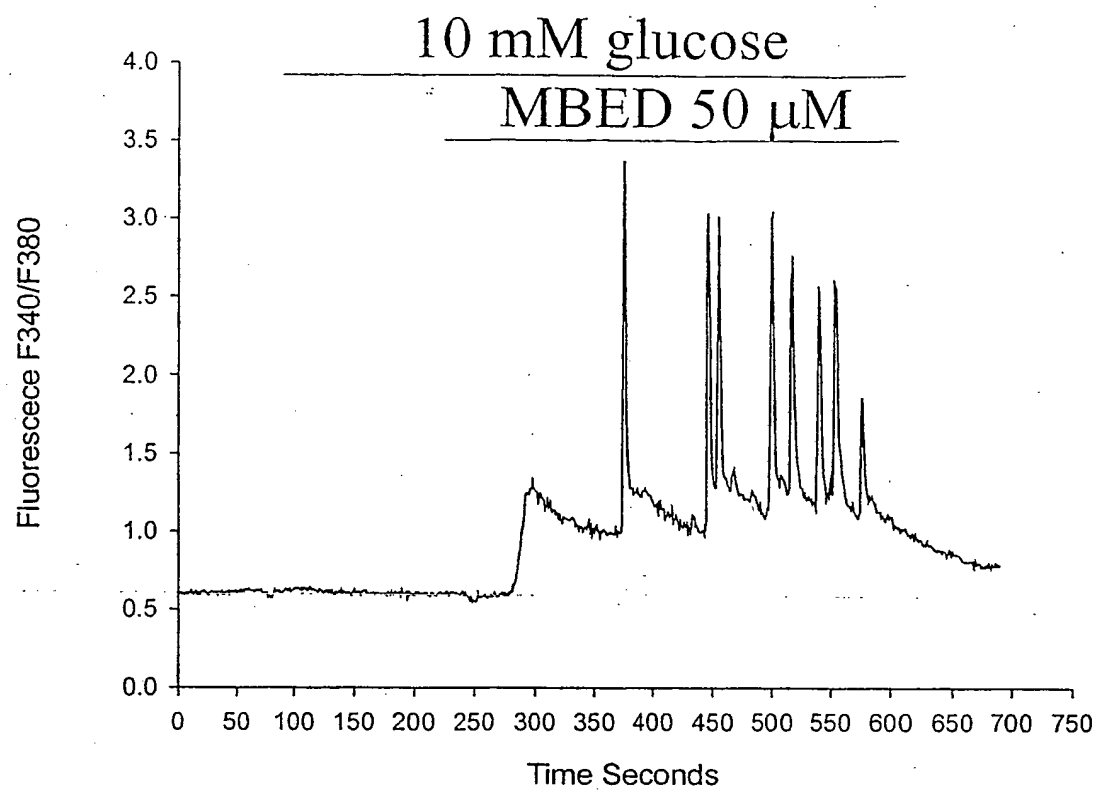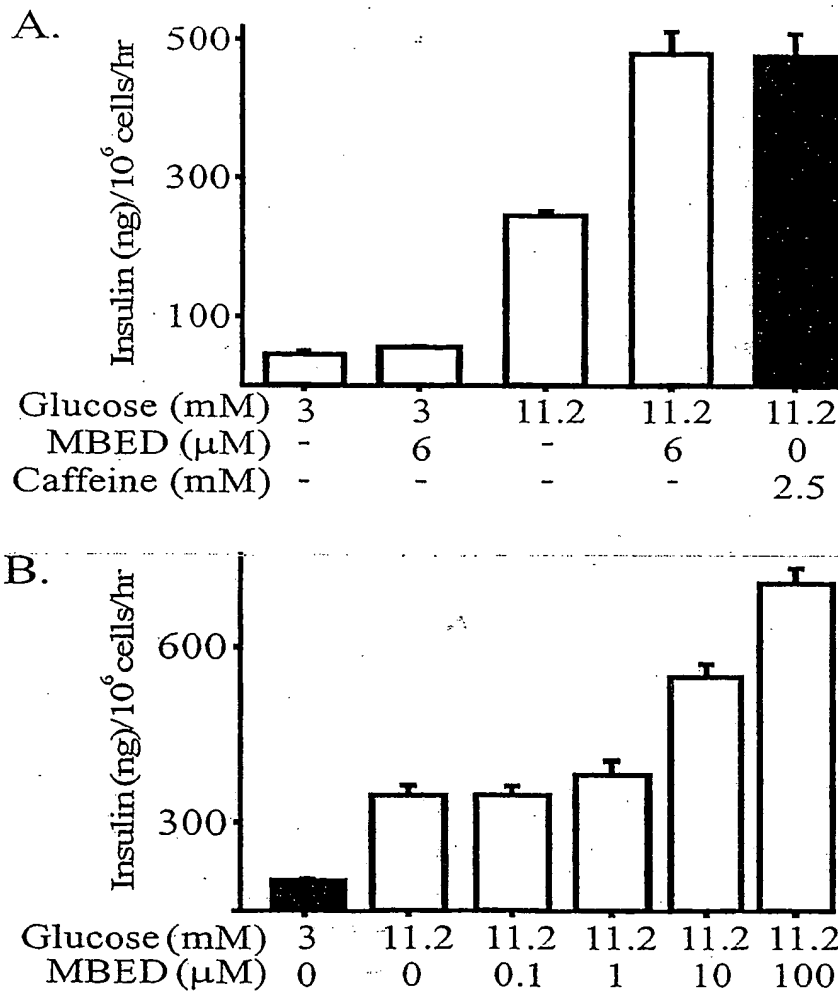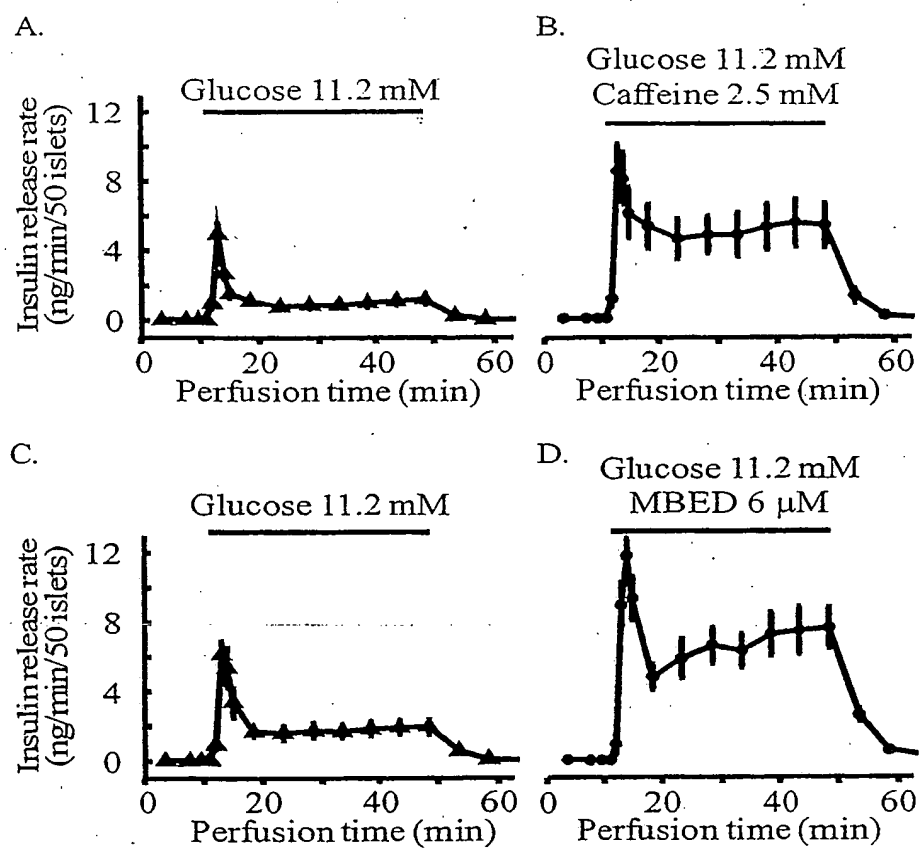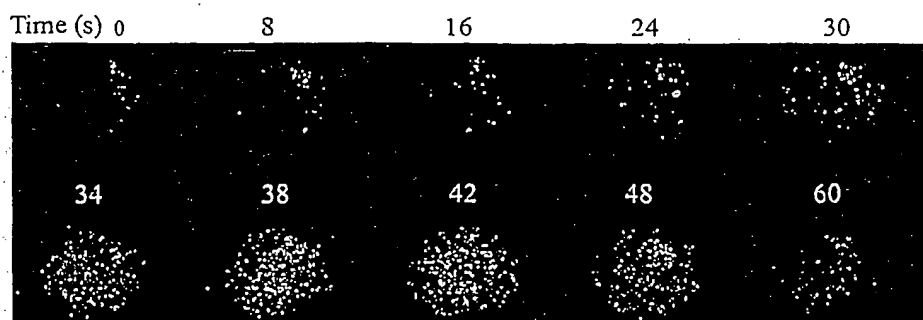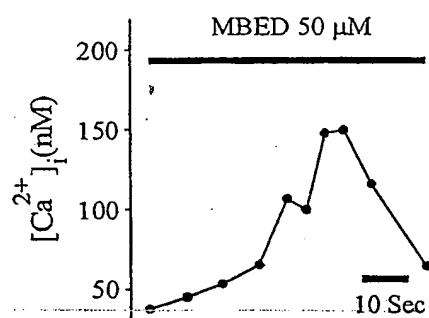
Fig. 1

Fig. 2

A.

B.

Fig. 3

Fig. 4

Fig. 5

Fig. 6

Fig. 7

Fig. 8

Fig. 9

Time (s) 0   4   8   12   20

Caffeine 5 mM

Time (s) 0   48   72   96   120

Forskolin 5μM

Fig. 10

A.

B.
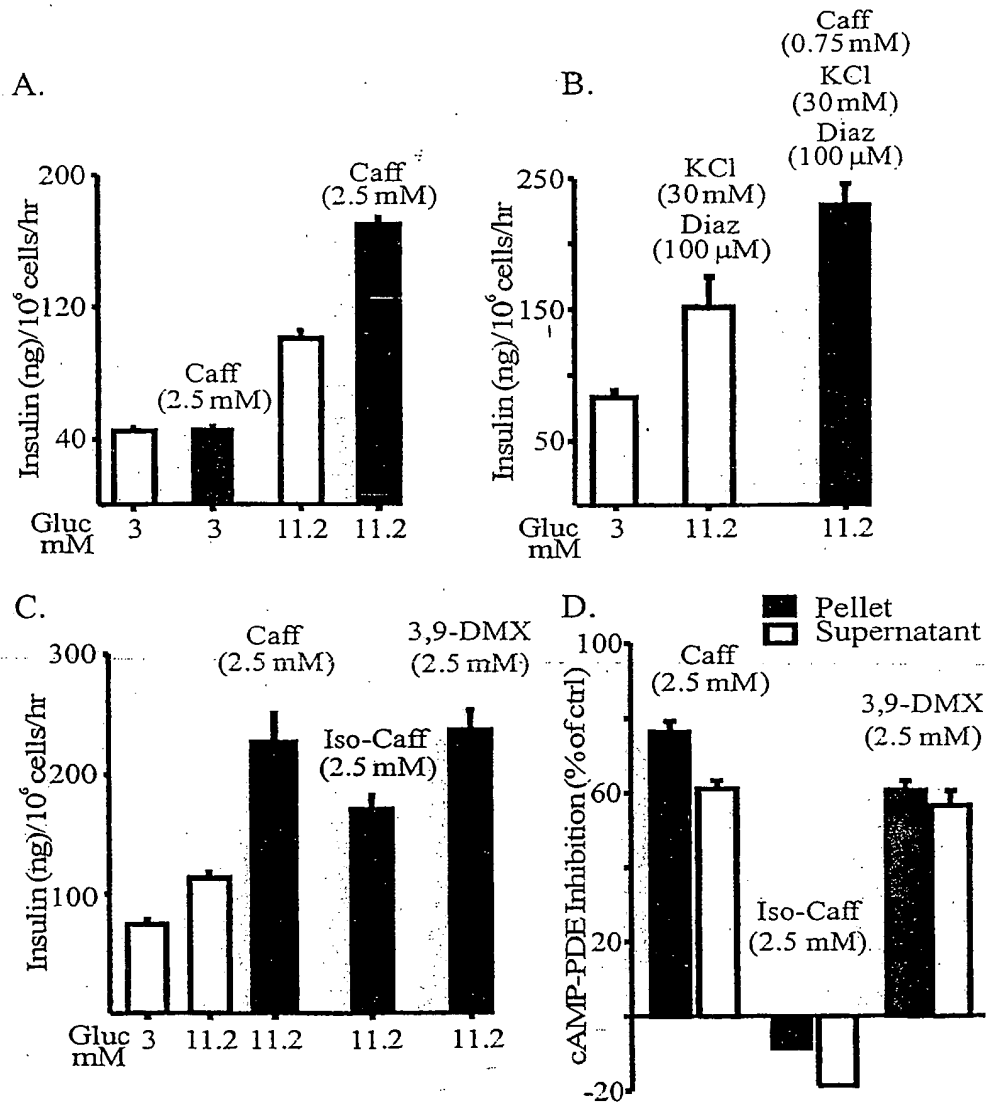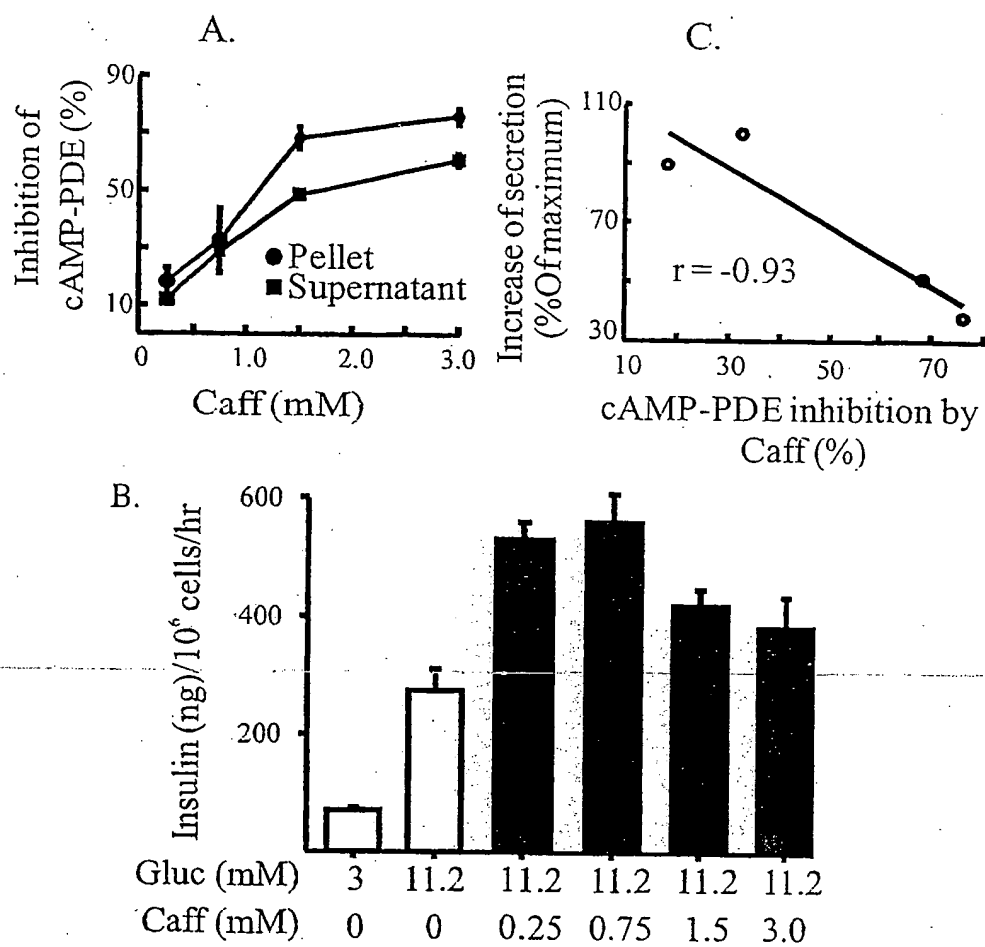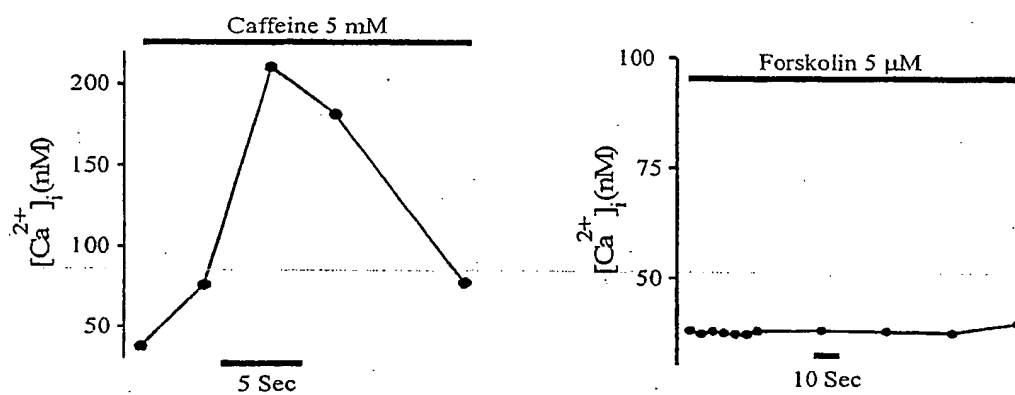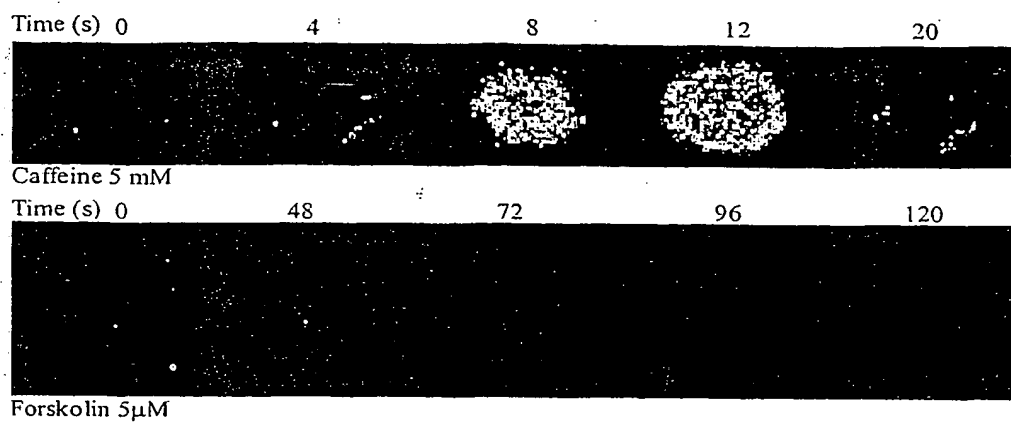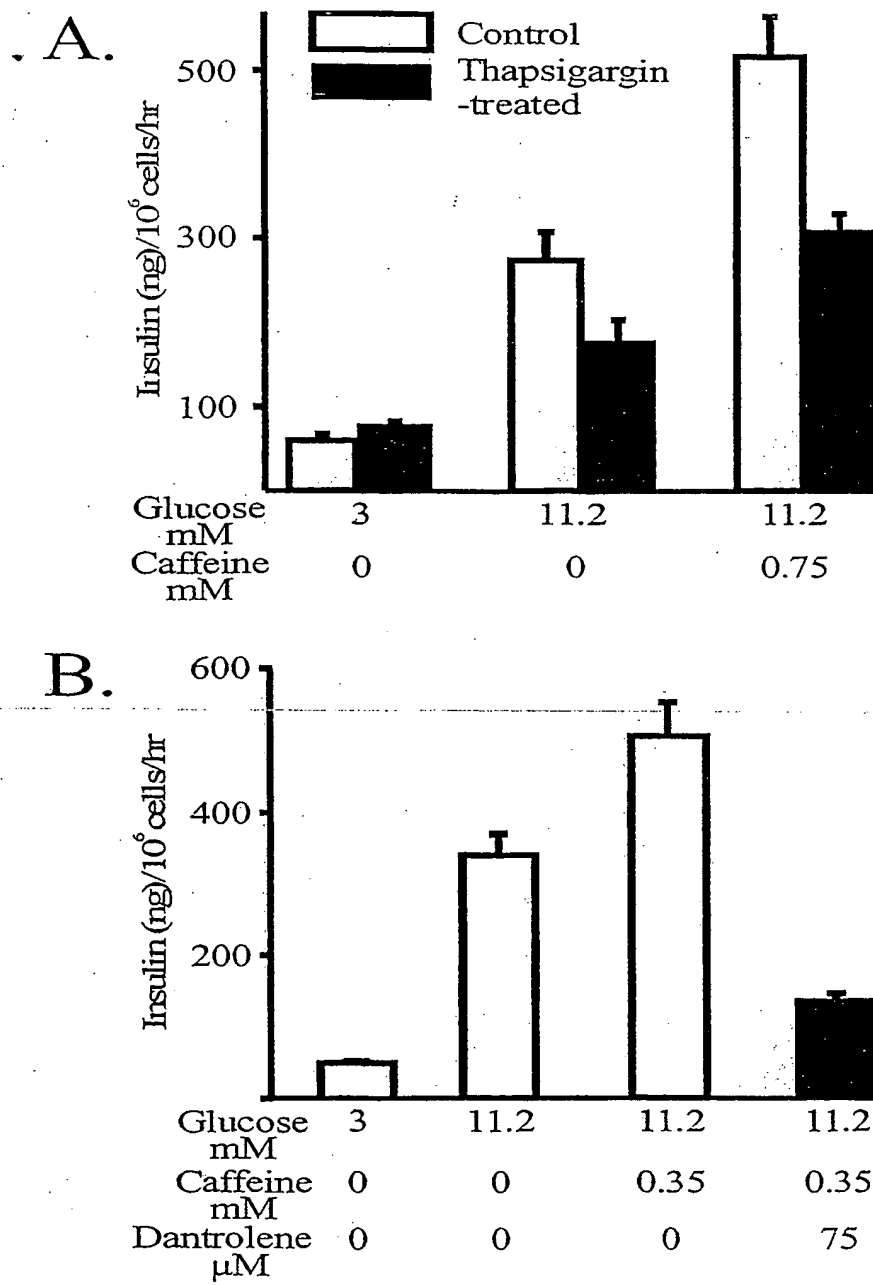
Fig. 11

INTERNATIONAL SEARCH REPORT

A. CLASSIFICATION OF SUBJECT MATTER

IPC7: G01N 33/50, A61K 31/437, A61P 3/10

According to International Patent Classification (IPC) or to both national classification and IPC

B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)

IPC7: G01N, A61K, A61P

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

SE,DK,FI,NO classes as above

Electronic data base consulted during the international search (name of data base and, where practicable, search terms used)

WPI DATA, EPO-INTERNAL, PAJ, MEDLINE, BIOSIS

C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
X	The Journal of Biological Chemistry, Volume 274, No. 20, 1999, George G. Holz et al, "cAMP-dependent Mobilization of Intracellular Ca2+ Stores by Activation of Ryanodine Receptors in Pancreatic Beta-Cells", pages 14147-14156, abstract, discussion	1-7,11
X	Proc. Natl. Acad. Sci., Volume 95, May 1998, MD. Shahidul Islam et al, "In situ activation of the type 2 ryanodine receptor in pancreatic beta cells requires cAMP-dependent phosphorylation", pages 6145-6150, abstract, page 6145, column 1 - page 6146, column 1	1-6

[X] Further documents are listed in the continuation of Box C.   [X] See patent family annex.

Date of the actual completion of the international search	Date of mailing of the international search report
18 March 2003	19-03-2003

Name and mailing address of the ISA/	Authorized officer
Swedish Patent Office Box 5055, S-102 42 STOCKHOLM Facsimile No. +46 8 666 02 86	IDA CHRISTENSEN/BS Telephone No. +46 8 782 25 00

C (Continuation).   DOCUMENTS CONSIDERED TO BE RELEVANT

Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
X	FEBS Letters, Volume 446, 1999, Alessandra Gamberucci et al, "Caffeine releases a glucose-primed endoplasmic reticulum Ca2+ pool in the insulin secreting cell line INS-1", pages 309-312, abstract	1-6
X	Journal of Physiology, Volume 536, No. 2, 2001, Guoxin Kang et al, "cAMP-regulated guanine nucleotide exchange factor II (Epac2) mediates Ca2+-induced Ca2+ release in INS-1 pancreatic Beta-cells", pages 375-385, page 378, column 2; page 379, figure 3	1-6
P,X	WO 0222122 A1 (NOVO NORDISK A/S), 21 March 2002 (21.03.02), claims 1,9	7-11
X	WO 0168648 A1 (AVENTIS PHARMA DEUTSCHLAND GMBH), 20 Sept 2001 (20.09.01), page 49, example 24; claim 15, page 15, page 90, line 8	7-11
A	J. Pharm. Pharmacol., Volume 52, 2000, Asami Seino-Umeda et al, "Structure-Activity Relationships for the Ca2+ -releasing Activity of 6-Hydroxy-Beta-carboline Analogues in Skeletal Muscle Sarcoplasmic Reticulum - The Effects of Halogen Substitution at C-5 and C-7", pages 517-521, figure 1; page 520, column 2 - page 521, column 1	7-11
A	DATABASE WPI Week 198938 Derwent Publication Ltd., London, GB; Class B02, AN 1989-273389 & JP 01 197482 A (MITSUBISHI KASEI CORP), 09 August 1989 (1989-08-09) abstract	7-11

INTERNATIONAL SEARCH REPORT

International application No.

PCT/SE02/02191

Box I	Observations where certain claims were found unsearchable (Continuation of item 1 of first sheet)

This international search report has not been established in respect of certain claims under Article 17(2)(a) for the following reasons:

1. ☐ Claims Nos.:
because they relate to subject matter not required to be searched by this Authority, namely:

2. ☒ Claims Nos.: **7**
because they relate to parts of the international application that do not comply with the prescribed requirements to such
an extent that no meaningful international search can be carried out, specifically:

see next sheet

3. ☐ Claims Nos.:
because they are dependent claims and are not drafted in accordance with the second and third sentences of Rule 6.4(a).

Box II	Observations where unity of invention is lacking (Continuation of item 2 of first sheet)

This International Searching Authority found multiple inventions in this international application, as follows:

1. ☐ As all required additional search fees were timely paid by the applicant, this international search report covers all
searchable claims.

2. ☐ As all searchable claims could be searched without effort justifying an additional fee, this Authority did not invite payment
of any additional fee.

3. ☐ As only some of the required additional search fees were timely paid by the applicant, this international search report
covers only those claims for which fees were paid, specifically claims Nos.:

4. ☐ No required additional search fees were timely paid by the applicant. Consequently, this international search report is
restricted to the invention first mentioned in the claims; it is covered by claims Nos.:

Remark on Protest   ☐ The additional search fees were accompanied by the applicant's protest.

☐ No protest accompanied the payment of additional search fees.

Form PCT/ISA/210 (continuation of first sheet (1)) (July1998)

Present claim 7 relates to the use of a compound defined by
reference to a desirable characteristic or property, namely a
compound that elicits periodic amplified Ca2+ release in beta-
cells. The claims cover the use of all compounds having this
characteristic or property, whereas the application provides
support within the meaning of Article 6 PCT and disclosure
within the meaning of Article 5 PCT for only a very limited
number of such compounds. Additionally, previously known
compounds may be included in the scope of the present claims. In
the present case, the claims so lack support, and the
application so lacks disclosure, that a meaningful search over
the whole of the claimed scope is impossible. Independent of the
above reasoning, the claims also lack clarity (Article 6 PCT).
An attempt is made to define the compound by reference to a
result to be achieved. Again, this lack of clarity in the
present case is such as to render a meaningful search over the
whole of the claimed scope impossible

Consequently, the search has been carried out for those parts of
the claims which appear to be clear, supported and disclosed,
namely those parts relating to the use of compounds identified
in the examples and experiments, i.e. caffeine, isocaffeine,
MBED, glucagon-like peptide 1 (GLP-1) and forskolin.

Patent document cited in search report			Publication date	Patent family member(s)		Publication date
WO	0222122	A1	21/03/02	AU	7270400 A	26/03/02
WO	0168648	A1	20/09/01	AU	3741801 A	24/09/01
				BR	0109161 A	26/11/02
				EP	1134221 A	19/09/01
				EP	1268477 A	02/01/03
				NO	20024338 A	05/11/02
				US	2002099068 A	25/07/02
				EP	1209158 A	29/05/02